<table>
<thead>
<tr>
<th>Date</th>
<th>Note</th>
<th>Medications</th>
</tr>
</thead>
<tbody>
<tr>
<td>08/14/13</td>
<td>1) 2 hernia, saw occupational health and was dx w umbilical hernia</td>
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<td></td>
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<td>20mg QD</td>
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<tr>
<td>08/14/13</td>
<td>2) Small umbilical hernia w surgery &amp; repair on same day and locally</td>
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<tr>
<td>10/4/17</td>
<td>Suggested to consider surgical repair + consult with plumb to do heavy physical work. Avoid heavy lifting for now.</td>
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